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## **Sculptra® Aesthetic Procedure Instructions**

### **Pre Treatment**

- Start taking Arnica Forte on the day of the procedure for 5 days

### **Post Treatment**

- Make-up may be worn immediately after procedure.
- Ice is not needed unless bruising occurs. If bruising occurs, ice area for 10 minutes on and 10 minutes off for remainder of the day and the day after procedure.
- Massage face in upward motion 5 times daily, for 5 minutes, for 5 days following the procedure.

### **Follow up**

- Return in 8 weeks for your follow-up.

Call the clinic with any questions or concerns at (808) 855-8436